

Could your leg pain be a symptom of a serious disease?

Are you at risk for
vascular disease?

You may be if **any** of these
apply to you:

- Diabetes
- Smoking
- High Blood Pressure
- High Cholesterol
- Over age 50
- Family history of
heart disease



VASCULAR HEALTHSCREEN
includes:

- **Stroke/Carotid Artery
Ultrasound:**
to detect potential
stroke-causing plaque
- **Ankle-Brachial Index:**
to detect peripheral
arterial disease
- **Abdominal Aortic
Ultrasound:**
to detect a life-threatening
aneurysm



A member of CHW

**MERCY HEART
& VASCULAR INSTITUTE**

**This could be the most important
40 minutes of your life.**

Millions of Americans are at risk of vascular conditions that can lead to leg pain, heart attack, stroke, or death. Most don't even know it. But a **fast, painless and low-cost vascular health screen** at the Mercy Heart & Vascular Institute can detect any of these life-threatening disorders so you'll be able to stop them, hopefully before they ever strike.

The cost is \$95 for all three screens, or \$45 each. You can schedule them yourself; no referral required.

Screenings include a consultation with a vascular nurse and results are reviewed by a Heart & Vascular Institute physician.

Three convenient screening locations are available—at Mercy General Hospital in downtown Sacramento, at Mercy San Juan Medical Center in Carmichael and at Woodland Healthcare. For an appointment or more information, call **916.733.6245**.

Note: The screenings are payable by cash, check or credit card. Your insurance will not be billed.